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All of the recipes are from chefs, some famous in their own right, but all published at some point in Oprah's magazine. There are 290 pages, filled with 175 recipes. The recipes are each represented by the chef's name. They look so good. Please do not read this book while hungry it will drive you to distraction.

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One of my most recent library book finds is The Oprah Winfrey Magazine Cookbook. Where do I begin? First, it's Oprah so we shouldn't expect anything less than great.

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Second, while the recipes are gourmet, they are not so much so that regular folks like you or I couldn't make them.

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The December 2010 issue of The Oprah Magazine was the first released digitally through the magazine's iPad app. The app features exclusive videos of Oprah, allows readers to preview and purchase books presented in the magazine's Reading Room and O List sections, and gives users the ability to purchase monthly or yearly subscriptions.

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Who wouldn't love to put fantastic foods on the table--extraordinary pleasures for everyday eating; simply delicious treats that can be prepared in record time; comfort food that brings family and friends together; luxurious meals that cost barely more than fast food; divine dishes perfect for guests or just for quiet nights at home Now you can have all that and more, any time you choose, with this first-ever collection of 175 of the best recipes from O, The Oprah Magazine. Featuring more than 60 great chefs and food writers, alongside mouth-watering photographs, this cookbook presents an exquisite array of dishes from cocktails to appetizers, main dishes to desserts, soups to sandwiches, and everything in between. O, The Oprah Magazine Cookbook offers something for everyone--and for all types of occasions, whether

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you're preparing a feast or looking for a simple dish to satisfy a craving. APPETIZERS range from an easy to make Crostini with Wild Mushrooms and Mozzarella to Crushed Potato with Smoked Salmon, Caviar, and Chives; from elegant Grilled Sea Scallops with Tomato-Black Olive Vinaigrette to delectable Fried Green Tomato Salad with Homemade Ranch Dressing. INSPIRATION comes from all across the country and around the globe, and you can now enjoy at home dishes such as a tantalizingly bright bowl of Callaloo soup, Moroccan Cinnamon-Rubbed Leg of Lamb, the best Tiramisu ever, an addictive Cuban Grilled Corn on the Cob with Queso Blanco and Lime, and a crazy-delicious New Orleans Creole Gumbo. DESSERTS include decadent Black Currant-Tea Chocolate Truffles, amazingly simple Chocolate Pots de Crme, Heavenly Fresh Mint Ice Cream, and silky smooth Banana Pudding. For drinks Here is a Pomegranate Daiquiri and a Strawberry Mint Iced Tea, both perfect for a summer party, and a frothy Mexican hot chocolate, the ideal thing for a cold winter night. ALONG WITH THE RECIPES, professional chefs and celebrated gourmands provide informative, entertaining, and vibrant lessons and advice about food and cooking--and life. Maya Angelou talks about food as a way to soothe discord, but even more important, as a joyful part of life; Gayle King describes how a true food lover can take equal pleasure from fine dining in a fancy restaurant and a casual burger joint; Marcus Samuelsson explains how travel can expand your palate; Nina Simonds brings home vital lessons from Asia about family dining; Art Smith gives inimitable advice on how to make eating outdoors easy, delicious, and fun. Other wonderful contributions come from Govind Armstrong, Leah Chase, Colin

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Cowie, Rozanne Gold, Michel Nischan, Susan Spungen, and Rori Trovato. ALSO INCLUDED are advice on brilliant pairings of wine with food and a special index that leads you right to holiday foods, snacks, vegetarian recipes, party favorites, and kid-friendly dishes. Sixteen million readers a month turn to the recipe pages in O, The Oprah Magazine to see the featured chefs and their fabulous food as well as the gorgeous photography. Their recipes embody the spirit of O, The Oprah Magazine and will inspire you to create irresistible meals for your family and friends, both every day and on special occasions. More than a collection of recipes, this book is a guide to enjoying food, elevating every dining experience, and appreciating the special role that cooking and eating can, together, play in our lives.

Who wouldn't love to put fantastic foods on the table--extraordinary pleasures for everyday eating; simply delicious treats that can be prepared in record time; comfort food that brings family and friends together; luxurious meals that cost barely more than fast food; divine dishes perfect for guests or just for quiet nights at home Now you can have all that and more, any time you choose, with this first-ever collection of 175 of the best recipes from O, The Oprah Magazine. Featuring more than 60 great chefs and food writers, alongside mouth-watering photographs, this cookbook presents an exquisite array of dishes from cocktails to appetizers, main dishes to desserts, soups to sandwiches, and everything in between. O, The Oprah Magazine Cookbook offers something for everyone--and for all types of occasions, whether you're preparing a feast or looking for a simple dish to satisfy a craving.

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INCLUDED are advice on brilliant pairings of wine with food and a special index that leads you right to holiday foods, snacks, vegetarian recipes, party favorites, and kid-friendly dishes. Sixteen million readers a month turn to the recipe pages in O, The Oprah Magazine to see the featured chefs and their fabulous food as well as the gorgeous photography. Their recipes embody the spirit of O, The Oprah Magazine and will inspire you to create irresistible meals for your family and friends, both every day and on special occasions. More than a collection of recipes, this book is a guide to enjoying food, elevating every dining experience, and appreciating the special role that cooking and eating can, together, play in our lives.

Oprah Winfrey has spent her life trying to make peace with food, which has been such a source of pleasure and meaning for her. Now Oprah has found ways to have her favourite meals while also controlling her weight, and in Food, Health and Happiness she shares not only her struggles with food but also the recipes that have allowed food to be a source of joy for her again. With help from the chefs who have cooked for her over the years such as Rosie Daley, Art Smith, Mei Lin, Taryn Huebner and Sonny Sweetman, this is an extraordinarily personal cookbook while also being an invitation to Oprah's many fans to eat both healthfully and happily. From simple pleasures such as 'Unfried Chicken' or 'Turkey Chilli' to such celebrations of freshness as 'Farro With Peas, Asparagus, Pesto and Cured Olives' and 'Chilean Sea

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Bass with Lemon Fennel Chutney', this is food as it should be: a source of happiness, a ritual to be shared, a celebration of life.

Explains how to lose weight permanently in a resource that complements dietary guidelines with dozens of nutritionally balanced recipes.

Brown Sugar Kitchen is more than a restaurant. This soul-food outpost is a community gathering spot, a place to fill the belly, and the beating heart of West Oakland, a storied postindustrial neighborhood across the bay from San Francisco. The restaurant is a friendly beacon on a tree-lined parkway, nestled low and snug next to a scrap-metal yard in this Bay Area rust belt. Out front, customers congregate on long benches and sprawl in the grass, soaking up the sunshine, sipping at steaming mugs of Oakland-roasted coffee, waiting to snag one of the tables they glimpse through the swinging doors. Deals are done, friends are made; this is a community in action. In short order, they'll get their table, their pecan-studded sticky buns, their meaty hash topped with a quivering poached egg. Later in the day, the line grows, and the orders for chef-owner Tanya Holland's famous chicken and waffles or oyster po'boy fly. This is when satisfaction arrives. Brown Sugar Kitchen, the cookbook, stars 86 recipes for re-creating the restaurant's favorites at home, from a thick Shrimp Gumbo to celebrated Macaroni & Cheese to a show-stopping Caramel Layer Cake with Brown Butter – Caramel Frosting. And these aren't all stick-to-your-ribs recipes: Tanya's interpretations of soul food star locally grown, seasonal

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produce, too, in crisp, creative salads such as Romaine with Spring Vegetables & Cucumber-Buttermilk Dressing and Summer Squash Succotash. Soul-food classics get a modern spin in the case of B-Side BBQ Braised Smoked Tofu with Roasted Eggplant and a side of Roasted Green Beans with Sesame-Seed Dressing. Straight-forward, unfussy but inspired, these are recipes you'll turn to again and again. Rich visual storytelling reveals the food and the people that made and make West Oakland what it is today. Brown Sugar Kitchen truly captures the sense—and flavor—of this richly textured and delicious place.

A good meal is one of life's great pleasures, but we all know that it can be difficult to choose foods that make us happy and keep us healthy. In his New York Times bestselling book *The Best Life Diet*, Bob Greene showed more than a million people that you can lose weight and eat delicious food. Now, in *The Best Life Diet Cookbook* he provides more than 175 recipes that taste as good as they are good for you. With recipes like Flank Steak with Potatoes and Garlic and Sweet-and-Sour Stuffed Chicken, it isn't hard to eat well while shedding pounds. Slimmed-down comfort foods like Sweet Potato with Turkey Hash and Beef Stew with Winter Root Vegetables make family dinners satisfying and healthful. Rotisserie Chicken Salad with Oranges and Pistachios comes together in a snap. Or try one of the recipes contributed by world-class chefs like Charlie Trotter or Suzanne Goin, adapted to fit the Best Life guidelines. Craving something sweet? You won't believe that Pear and Banana Crisp and Apple Pie with Oatmeal Crust are low in fat and calories. Also included are three

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sets of two-week meal plans: The Quick and Easy Plan for when you're most time-pressed; The Family-Friendly Plan with meals to satisfy the whole gang; and The Kitchen Connoisseur Plan for those looking for more of a challenge in the kitchen. Whether you're trying to drop some pounds or simply want to maintain your weight, these plans do all the calorie-calculating for you. The Best Life Diet Cookbook is full of useful shopping tips and culinary information. Illustrated with dozens of beautiful black-and-white and color photographs, it is a book you will turn to again and again. Bob Greene firmly believes that every meal should be a celebration both of the pleasures of food and your commitment to living your best possible life, and with The Best Life Diet Cookbook, you can reclaim your joy of eating and live the life you deserve.

In Hudson Valley Mediterranean, Laura Pensiero, master chef, nutritionist, and creator of Gigi 's Hudson Valley, offers 150 magnificent recipes from her famed restaurant (Gigi Trattoria in Rhinebeck, NY) and market (Red Hook 's Gigi Market and Catering). A celebration of the produce and the people who grow it in this uniquely fertile region of New York State—often called “ the East Coast Napa Valley ” —Hudson Valley Mediterranean presents delicious interpretations of traditional Italian dishes made with healthy ingredients that highlight the bounty of the Valley 's farms, gardens, and artisans.

As a creative force, student of the human heart and soul, and champion of living the

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life you want, Oprah Winfrey stands alone. Over the years, she has made history with a legendary talk show - the highest-rated program of its kind, launched her own television network, become the nation's only African-American billionaire, and been awarded both an honorary degree by Harvard University and the Presidential Medal of Freedom. From all her experiences, she has gleaned life lessons—which, for fourteen years, she's shared in O, The Oprah Magazine's widely popular "What I Know For Sure" column, a monthly source of inspiration and revelation. Now, for the first time, these thoughtful gems have been revised, updated, and collected in What I Know For Sure, a beautiful cloth bound book with a ribbon marker, packed with insight and revelation from Oprah Winfrey. Organized by theme—joy, resilience, connection, gratitude, possibility, awe, clarity, and power—these essays offer a rare, powerful and intimate glimpse into the heart and mind of one of the world's most extraordinary women—while providing readers a guide to becoming their best selves. Candid, moving, exhilarating, uplifting, and frequently humorous, the words Oprah shares in What I Know For Sure shimmer with the sort of truth that readers will turn to again and again.

The founder of the five-city LuckyRice festival presents a collection of recipes inspired by the contemporary flavors of Asian cuisine in a range of cultures, sharing insight into their culinary traditions while adapting classic flavors for modern American kitchens.

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